



Self-Assessment

Name: _____

Date: _____

Before the training: Place a ✓ in the box that best represents your current comfort level.

After the training: Place a ✓ in the box that best represents your new comfort level.

1 = Very uncomfortable 2 = Uncomfortable 3 = Neutral 4 = Comfortable 5 = Very comfortable

	Before					After				
	1	2	3	4	5	1	2	3	4	5
General										
I am comfortable with my ability to . . .										
Recognize and respond to the individual learning needs of children.										
Plan activities and use strategies that help each child learn.										
Assess and Plan										
I am comfortable with my ability to . . .										
Observe and note the unique interests, needs, and abilities of each child.										
Use what I know about each child to create fun and engaging learning opportunities for individuals and the group.										
Recognize and respond specifically to children's strengths.										
Demonstrate and Scaffold										
I am comfortable with my ability to . . .										
Scaffold learning using modeling and guided practice.										
Assess how children are responding to instruction and make changes accordingly.										
Communicate Expectations										
I am comfortable with my ability to . . .										
Clearly communicate rules and expectations.										
Use individualized learning to support children's understanding of rules and expectations.										
Use a variety of auditory, visual, and verbal cues to help children follow rules and meet expectations.										