



Media Ideas for Children

As you plan your child's media time, keep in mind that research recommends that parents limit screen time to fewer than two hours per day for children ages 2 through 5. Screen time consists of television, video, digital media, video games, mobile media, cell phones, and the Internet.

There are hundreds of media choices created for young children. Sometimes it's hard to know which ones are most appropriate and purposeful for your child. Here's a list of age-appropriate, fun sites to start you off.

Fred Rogers Center Early Learning Environment

- Ebooks, videos, games, interactive tools, apps (English and Spanish):
<http://ele.fredrogerscenter.org/activity/>

Get Ready To Read

- Ebooks (language options available)
<http://www.getreadytoread.org/news/102-find-free-children-books-news>
- Online games (language options available)
<http://www.getreadytoread.org/skill-building-activities/online-games>

National Association for the Education of Young Children

- Songs: <http://families.naeyc.org/songs/archive>

PBS Kids

- *Between the Lions* (online games, stories, video) (literacy)
<http://pbskids.org/lions/>
- *Caillou* (online games, mobile apps)
<http://pbskids.org/caillou/>
- *Curious George* (online games)
<http://pbskids.org/curiousgeorge/games/#1>
- *Daniel Tiger's Neighborhood* (mobile apps, videos)
<http://www.pbs.org/parents/daniel/>
- *Dinosaur Train* (mobile apps, videos, virtual tours) (science)
<http://www.pbs.org/parents/dinosaurtrain/>

- *PBS Kids Lab* (online games, mobile apps) (literacy, math)
<http://pbskids.org/lab/games/>
- *Peg + Cat* (online games, videos) (math)
<http://pbskids.org/peg/>
- *Sid the Science Kid* (mobile apps, podcasts, videos) (science)
<http://www.pbs.org/parents/sid/>

Sesame Street

- *Sesame Street* (online games, playlists, videos)
<http://www.sesamestreet.org/>

WGBH

- *PEEP and the Big Wide World* (online games, videos) (science concepts)
<http://www.peepandthebigwideworld.com/>

(See the Tip sheet “Screen Time” for ideas on how to help your child get the most learning and fun out of his watching experience.)