



## Self-Assessment

Name: \_\_\_\_\_

Date: \_\_\_\_\_

**Before the training:** Place a ✓ in the box that best represents your current comfort level.

**After the training:** Place a ✓ in the box that best represents your new comfort level.

1 = Very uncomfortable 2 = Uncomfortable 3 = Neutral 4 = Comfortable 5 = Very comfortable

	Before					After				
	1	2	3	4	5	1	2	3	4	5
<b>General</b> I am comfortable with my ability to . . .										
Respect families as the people who know their children best and are the primary supports for their children’s learning and development.										
Understand how babies and toddlers develop and learn and how families and educators can support their learning.										
<b>Build Strong Relationships</b> I am comfortable with my ability to . . .										
Partner with families to support their children’s well-being, development, and learning.										
Get to know children as individuals, with the help of their families.										
Make emotional connections with children as we talk and play together.										
Give children a sense of confidence, belonging, and continuity between home and child care.										
<b>Offer Interesting Learning Opportunities</b> I am comfortable with my ability to . . .										
Offer children interesting materials, objects, and processes to explore.										
Help children focus and support their investigations.										
Use language to expand children’s learning.										
Use “I noticed” and “I wonder” statements as I talk with a baby’s or toddler’s family or with a colleague about how we understand his behavior and support his development.										
Stay curious. Continue to reflect on my practice and seek out new knowledge and ideas.										