Self-Assessment

Name: ______________________ Date: ______________________

**Before the training:** Place a ✓ in the box that best represents your current comfort level.
**After the training:** Place a ✓ in the box that best represents your new comfort level.

1 = Very uncomfortable  2 = Uncomfortable  3 = Neutral  4 = Comfortable  5 = Very comfortable

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<th>Before</th>
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**General**
I am comfortable with my ability to...

Engage young babies in play, respond to their needs, and soothe them when they are upset.

Partner with families of young babies to support their children's learning.

**Build a Special Bond with Each Baby**
I am comfortable with my ability to...

Tune in to a young baby’s communications and make an emotional connection.

Follow a young baby's lead.

Get to know young babies as individuals.

**Talk Together—All Day Long**
I am comfortable with my ability to...

Talk with young babies a lot throughout the day.

Engage a young baby as we talk face-to-face.

Take turns vocalizing and responding as we talk back and forth.

Use language to help babies know what is happening and what will happen.

**Help Babies Connect with Their World**
I am comfortable with my ability to...

Offer young babies interesting things to explore.

Provide just enough help to keep babies engaged.

Offer babies opportunities to practice emerging motor skills.

Comment on, encourage, and celebrate babies’ discoveries.