



Self-Assessment

Name: _____

Date: _____

Before the training: Place a ✓ in the box that best represents your current comfort level.

After the training: Place a ✓ in the box that best represents your new comfort level.

1 = Very uncomfortable 2 = Uncomfortable 3 = Neutral 4 = Comfortable 5 = Very comfortable

	Before					After				
	1	2	3	4	5	1	2	3	4	5
General I am comfortable with my ability to . . .										
Support young toddlers in doing things themselves, while learning to consider others.										
Partner with families of young toddlers to support their children's learning.										
Help Toddlers Express Themselves in Positive Ways I am comfortable with my ability to . . .										
Help young toddlers to express their wishes and feelings with words and/or signs.										
Help young toddlers to make choices.										
Use positive guidance strategies to help toddlers learn to get along with each other.										
Expand Toddlers' Language as You Talk, Read, and Play Together I am comfortable with my ability to . . .										
Have many engaging back-and-forth conversations with every child in the group throughout the day.										
Read books with young toddlers in ways that engage their active participation.										
Expand young toddlers' vocabularies and their knowledge of things beyond their immediate world.										
Help Toddlers Explore How Things Relate to Each Other I am comfortable with my ability to . . .										
Offer young toddlers interesting toys, materials, and tools for exploring cause/effect and size/space relationships.										
Use language to help young toddlers explore materials and concepts in new ways and to celebrate their discoveries.										
Help young toddlers develop a positive sense of self as they pursue their own agendas, interact with others, and discover how the world works.										