



Additional Resources

Massachusetts Early Education and Care Resources

Family Brochures

machildcareresourcesonline.org/eec/eec-family-brochures/

“Learn and Grow Together” Family Guide

www.mass.gov/edu/birth-grade-12/early-education-and-care/parent-and-family-support/

Resources for Parents (Massachusetts Early Literacy Consortium)

www.doe.mass.edu/familylit/parents/

Early Learning Guidelines for Infants and Toddlers

www.mass.gov/edu/birth-grade-12/early-education-and-care/curriculum-and-learning/

General Information about Parenting

Brain Rules for Baby: How to Raise a Smart and Happy Child from Zero to Five by John Medina. Pear Press, 2011.

Bringing Up Baby: Three Steps to Making Good Decisions in Your Child's First Years by Claire Lerner and Amy Laura Dombro. Zero to Three Press, 2004.

Caring for Your Baby and Young Child, 5th edition: Birth to Age 5 by the American Academy of Pediatrics. Bantam, 2009. (See also *Your Baby's First Year* by the American Academy of Pediatrics. Bantam, 2010.)

“Child Development: Baby and Toddler Milestones.” PBS Parents.

www.pbs.org/parents/child-development/baby-and-toddler/baby-toddler-milestones/

Dr. Spock's Baby and Child Care, 9th edition by Benjamin Spock and Robert Needlman. Gallery Books, 2012.

Helping Your Preschool Child: With Activities For Children From Infancy Through Age 5. U.S. Department of Education, 2005.

www2.ed.gov/parents/earlychild/ready/preschool/index.html

(In Spanish: www2.ed.gov/espanol/parents/academic/preescolar/index.html)

Learning & Growing Together: Understanding and Supporting Your Child's Development by Claire Lerner and Amy Laura Dombro, Zero to Three Press, 2000.

“Milestone Moments” by the Centers for Disease Control and Prevention (CDC)
www.cdc.gov/ncbddd/actearly/pdf/parents_pdfs/MilestoneMomentsEng508.pdf.
More at www.cdc.gov/milestones
and in Spanish www.cdc.gov/ncbddd/Spanish/actearly/milestones/index.html.

Mind in the Making: The Seven Essential Life Skills Every Child Needs by Ellen Galinsky. William Morrow, 2010.

Smart Parenting for Smart Kids: Nurturing Your Child’s True Potential by Eileen Kennedy Moore, and Mark S. Lowenthal. Jossey-Bass, 2011.

Touchpoints: Birth to Age Three by T. Berry Brazelton and Joshua D. Sparrow. De Capo Press, 2006.

Unplugged Play: No Batteries. No Plugs. Pure Fun by Bobbi Conner. Workman Publishing, 2007.

Your Baby and Child by Penelope Leach. Knopf, 2010.

Your Baby Is Speaking To You: A Visual Guide To The Amazing Behaviors Of Your Newborn And Growing Baby, by Kevin Nugent and Abelardo Morell. Houghton Mifflin Harcourt, 2011.

Your Child’s Growing Mind: Brain Development and Learning from Birth to Adolescence by Jane Healy. Three Rivers Press, 2004.

What to Expect the First Year, 2nd edition by Sandee Hathaway, Arlene Eisenberg and Heidi Murkoff. Workman Publishing, 2003. (see also *What to Expect the Second Year: From 12 to 24 Months* by Heidi Murkoff.)

Organizations and Websites

American Academy of Child and Adolescent Psychiatry
www.aacap.org/cs/root/facts_for_families/facts_for_families

American Academy of Pediatrics
www.aap.org

Boston Children’s Museum
www.bostonchildrensmuseum.org

Federation for Children with Special Needs
www.fcsn.org

Fred Rogers Center Early Learning Environment
ele.fredrogerscenter.org

Get Ready to Read!

www.grtr.org

Massachusetts Department of Children and Families

www.mass.gov/dcf

Massachusetts Department of Public Health

www.mass.gov/dph

MassResources.Org

www.massresources.org

National Association of Child Care Resource and Referral Agencies

www.naccrra.org

National Association for the Education of Young Children

www.naeyc.org/families

Nature Explore

www.natureexplore.org

One Tough Job

www.onetoughjob.org

PBS Parents

pbs.org/parents

Raising a Reader MA

raisingareaderma.org/

Reach Out and Read

www.reachoutandread.org

Tufts University Child & Family WebGuide

www.cfw.tufts.edu/

Zero to Three

www.zerotothree.org

Additional Resources: Topics

Talking and Listening

Beyond Baby Talk: From Speaking to Spelling: A Guide to Language and Literacy Development for Parents and Caregivers by Kenn Apel and Julie Masterson. Three Rivers Press, 2012.

“Especially for Parents of Infants! Vocalizing and Listening” by The Center for Early Literacy Learning (CELL), 2010.

www.earlyliteracylearning.org/parentpg_inf.php

How Babies Talk: The Magic and Mystery Of Language In the First Three Years Of Life by Roberta M Golinkoff and Kathy Hirsh-Pasek. Plume, 2000.

“How Does Your Child Hear and Talk?” The American Speech-Hearing-Language Association. (Available in Spanish.)

www.asha.org/public/speech/development/chart.htm

“Listen, Talk, Answer—Support Your Child’s Learning” Adapted from the Message in a Backpack for A. Dombro, J. Jablon, & C. Stetson, 2010, “Powerful Interactions Begin with You,” *Teaching Young Children* 4 (1): 20–21.

families.naeyc.org/learning-and-development/child-development/listen-talk-answer—support-your-child’s-learning

Talk to Me, Baby! How You Can Support Young Children’s Language Development by Betty S. Bardige. Paul H. Brookes Publishing, 2009.

Reading

Building Literacy with Love: A Guide for Teachers and Caregivers of Children from Birth Through Age 5 by Betty S. Bardige and Marilyn M. Segal. Zero to Three Press, 2005.

A Child Becomes a Reader: Proven Ideas from Research for Parents by Bonnie B. Armbruster, Fran Lehr, and Jean Osborn. National Institute for Reading, The Partnership for Literacy, 2006. lincs.ed.gov/publications/pdf/reading_pre.pdf

A Family of Readers: The Book Lover’s Guide to Children’s and Young Adult Literature by Roger Sutton and Martha Parravano. Candlewick, 2011.

“Getting Ready to Read: Helping Your Child Become a Confident Reader and Writer Starting from Birth” by Rebecca Parlakian, Claire Lerner and Janice Im. Zero to Three, 2008.

www.zerotothree.org/child-development/early-language-literacy/cradlingliteracy_ready2read_8-14-09.pdf

Helping Your Child Become a Reader, U.S. Department of Education, 2005.

www2.ed.gov/parents/academic/help/reader/index.html

(In Spanish: www2.ed.gov/espanol/parents/academic/lector/index.html)

Story S-t-r-e-t-c-h-e-r-s for Infants, Toddlers, and Twos: Experiences, Activities, and Games for Popular Children’s Books by Shirley Raines, Karen Miller, and Leah Curry-Rood. Gryphon House, 2002

Poems to Learn to Read By: Building Literacy with Love by Betty S. Bardige and Marilyn M. Segal. Zero to Three Press, 2005.

The Read-Aloud Handbook by Jim Trelease. Penguin Books, 2013.

Reading Magic: Why Reading Aloud to Our Children Will Change Their Lives Forever by Mem Fox, Mariner Books, 2008.

“Reading Tips for Parents” (available in 11 languages), Reading Rockets.

www.readingrockets.org/article/18935/

Reading with Babies, Toddlers, and Twos by Susan Straub. Sourcebooks, 2006.

Writing

“Especially for Parents of Infants! Scribbling and Drawing” by the Center for Early Literacy Learning, 2010.

www.earlyliteracylearning.org/cellpract_parent/infants/collections/CELL_Inf_Scrib_Draw.pdf

“Especially for Parents of Toddlers! Scribbling and Drawing” by the Center for Early Literacy Learning, 2010.

www.earlyliteracylearning.org/cellpract_parent/toddler/collections/CELL_Todd_Scrib_Draw.pdf

“Learning to Write and Draw” by Zero to Three, 2012.

www.zerotothree.org/early-care-education/early-language-literacy/writing-and-art-skills.html

Music & Dance

Babies Make Music! For Parents and Their Babies by Lynn Kleiner. Warner, 2000.

“Getting in Tune: The Powerful Influence of Music on Young Children’s Development” by Claire Lerner and Lynette A. Ciervo. Zero to Three, 2002.

www.zerotothree.org/child-development/social-emotional-development/music.pdf

Hand Rhymes by Marc Brown. Puffin, 1993.

The I Can’t Sing Book: For Grown-ups Who Can’t Carry a Tune in a Paper Bag...But Want to do Music with Young Children by Jackie Silberg. Gryphon House, 1998.

“On the Move: The Power of Movement in Your Child’s First Three Years” by Suzi Tortora and Claire Lerner with Lynette Ciervo. Zero to Three, 2004.
www.zerotothree.org/child-development/social-emotional-development/onthemoveenglish.pdf

101 Rhythm Instrument Activities for Young Children by Abigail Flesch Connors. Gryphon House, 2004.

“Ten Ways Babies Learn When We Sing to Them” by Cathy Fink and Marcy Marxer. NAEYC.
families.naeyc.org/learning-and-development/music-math-more/10-ways-babies-learn-when-we-sing-them

Playing

Let’s Play and Learn Together: Fill Your Baby’s Day with Creative Activities that are Super Fun and Enhance Development by Roni Leiderman and Wendy Masi. Fair Winds Press, 2012.

125 Brain Games for Toddlers and Twos by Jackie Silberg. Gryphon House, 2012.

Unplugged Play: No Batteries. No Plugs. Pure Fun by Bobbi Conner. Workman Publishing, 2007.

“Why Do Babies Like Boxes Best?” by NAEYC, 2009.
families.naeyc.org/article/why-babies-boxes-best

Science

Babies in the Rain: Promoting Play, Exploration, and Discovery with Infants and Toddlers by Jeff A. Johnson. Redleaf Press, 2010.

I Love Dirt! 52 Activities to Help You and Your Kids Discover the Wonders of Nature by Jennifer Ward, Roost Books, 2008.

Learning Games: Exploring the Senses Through Play by Jackie Silberg. Gryphon House, 2006.

PBS Parents: Science Activities for Babies and Toddlers
www.pbs.org/parents/education/science/activities/babies-toddlers/

“Scientific Thinking” by Ready At Five, Parent Tips series
www.readyatfive.org/raf/for-parents/parent-tips.html

Math

“Developing Early Math Skills” by Zero to Three, 2012.

www.zerotothree.org/child-development/early-development/supporting-early-math-skills.html

“Early Math Learning Begins at Home” by Massachusetts Parent Information & Resource Center (PIRC), *Parents’ PLACE Bulletin*, Volume 10, Number 2, 2009.

pplace.org/publications/bulletins/English/ppbulletinv10n2.pdf

(Also in Spanish and Portuguese pplace.org/publications/bulletin.php)

“Exploring Early Math Concepts Through Books Online Parent Learning Series” by Raising Readers.

www.raising-readers.org/en/literacy_resources/thrive_by_five/early_math_skills/

“Math Talk with Infants and Toddlers.” NAEYC, 2012.

families.naeyc.org/learning-and-development/music-math-more/math-talk-infants-and-toddlers

“The Patterns of Music: Children Birth through 5 Learning Mathematics through Beat, Rhythm, and Melody” by Kamile Geist, Eugene A. Geist, and Kathleen Kuznik, *Young Children*, January 2012.

www.naeyc.org/files/yc/file/201201/Geist_Patterns_of_Music_Jan012.pdf

PBS Parents: Math

www.pbs.org/parents/education/math/